

Sasebo SOUNDINGS

Oct. 1 CAC/PKI deadline approaching for CFAS

Naomi Sullivan
CFAS Public Affairs

Computer Systems Division (CSD) would like to remind the working community at Fleet Activities Sasebo (CFAS) that the Public Key Infrastructure (PKI) and Common Access Card (CAC) initiative deadline is October 1.

PKI/CAC is a Department of Defense (DoD) directive requiring that all government network users digitally sign and encrypt government messages. This includes military, civilian and eligible contractors.

The first thing users should do is obtain a common access card from CFAS personnel service department (PSD). Civilian personnel are advised to make an appointment, walk-ins are available for military personnel.

Users must provide PSD with the email address issued by CSD, users with multiple email addresses only need to provide the email address that contains first.lastname@sasebo.navy.mil. Users will also be required to come up with a six digit personal identification number (PIN). It is important that you remember your PIN, it

will be required to log into your account during the initial installation of your PKI certificates into your desktop computer and subsequent use after October 1.

Once users have obtained their CAC cards, they are responsible for making an appointment with CSD to install PKI certificates in order to gain access to government websites and send email. Users will receive an overview in the use of certificates; the appointment will take approximately 15 minutes.

Carl Ancheta, Director of CFAS computer systems division, said "There are some 400 Local Area Network users and a small percentage of these users have had the CAC readers and PKI certificates installed on their government computers." Ancheta added "We are trying to avoid a large mass of users coming in October 1 because they cannot access Web sites that require the Common Access Card for authentication and ensuring that CFAS users are in compliance with the DoD PKI directive."

To make an appointment with CSD or for more information users can contact 252-3325/2698.



We have not forgotten...

Cadet Senior Chief, left, and Cadet Third Class Petty Officer of the E.J. King Naval Junior Reserve Officer Training Corps (NJROTC) Unit conduct morning colors during a POW/MIA ceremony September 14 to commemorate those American civilians and servicemembers still unaccounted for around the world. Below, the Fleet Activities Sasebo (CFAS) chain-of-command renders honors during the colors ceremony. (Official U.S. Navy photos by JOA Jeff Johnstone (top) and PH3 Ian Anderson (bottom)).

E.J. King alumni receive scholarships through Commisary program



A 2004 graduate of E.J. King High School, was chosen to receive a \$1500 scholarship from the Hario Village commissary for her winning essay on military life.

She is currently attending Mission College in Los Angeles, Calif., where she is studying pre-medicine with the intention of attending medical school and becoming a doctor in the field of pediatrics or general practice. After medical school, she is considering the Reserve Officer Training Corps (ROTC) or a graduate scholarship, so the military may be part of her plans. She would also like to travel.

According to the student, the Hario Commissary scholarship paid for her tuition and books.



A 2004 graduate of E.J. King High School, was chosen to receive a \$1500 scholarship from the Main Base commissary for his winning essay which answered the question, "What Aspect of Military Life Has Had the Greatest Impact On You?"

He is currently a freshman at The American University in Washington, D.C., where he is studying international studies and plans to study international law.

He says he applied for the scholarship because he wanted to go to the best school in the nation. Tuition to the American University, a private school, is very expensive, and he wanted to ease the financial burden on his family so he applied for the commissary scholarship.



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PSC 476 Box 93
FPO AP 96322-1100

Task Force Uniform announces uniform changes

From Task Force Uniform Public Affairs

Task Force Uniform has announced some significant changes to the Navy Uniform Regulations, which were recently approved by Chief of Naval Operations (CNO) Adm. Vern Clark.

These changes are among the first initiatives being rolled out as a result of Task Force Uniform. The Uniform Regulation changes were made based on fleet input from interviews with Sailors, command site visits, comprehensive research and data collected from a Navy-wide uniform survey. The survey collected feedback from more than 40,000 Sailors throughout the fleet.

The approved changes include women's skirts, identification badges, civilian bags, women's handbags, communication devices and breast insignia.

One of the changes effective immediately is the wear of a wireless communication device, such as a cell phone, PDA or pager for official business, while in uniform. The

device cannot be visible from the front, and must be worn on the belt, aft of the right or left elbow. Specific guidance and further details on the proper wearing and use of these devices is contained in NAVADMIN 209/04.

Female Sailors may now wear civilian handbags while in uniform, but must meet the specific criteria and be worn in the manner prescribed in NAVADMIN 209/04. Women's uniform handbags are now an optional item, and will no longer be a prescribed sea bag item or issued at recruit training as of Oct. 1.

In addition to the handbag, women's skirts will also be an optional uniform component as of Oct. 1. This applies to both service and dress uniforms, and may no longer be prescribed. Female Sailors who desire to wear a skirt will still be able to purchase them through the Navy uniform shop.

There is also new guidance regarding silver breast insignia and identification badges. Specifications are outlined in the NAVADMIN.

"In the fleet wide survey, we asked a lot of

detailed questions and received some very detailed responses in return," said Master Chief Petty Officer of the Navy (SS/AW) Terry Scott, who oversaw the massive effort. "We are very pleased with the level of participation in the survey and the focus groups."

These changes to the Uniform Regulations are just the first in a number of initiatives being produced by task force uniform. In addition to streamlining and simplifying the Uniform Regs, task force uniform is developing concept uniforms for a working uniform for E-1 through O-10, as well as a year-round service uniform for E-6 and below. Task force uniform plans to announce the uniform concepts in the coming weeks, and an announcement about specifics of the wear testing dates and areas to follow.

NAVADMIN 209/04 serves as the interim change to the Navy Uniform Regulations.

New President for Japan-American society

JO1(SW) Ron Inman
CFAS Public Affairs



President, Japan - American Society

The President of Kyushu Shinwa Holdings Co., Ltd., assumed the presidency of the Sasebo chapter of the Japan – American Society at a ceremony held at the Harbor View Club Sept. 1.

The purpose of the Society is to promote friendly relations between the United States and Japan and contribute to cultural exchange. The Sasebo Chapter was formed on Oct. 3, 1962. There are approximately 500 members in the organization, including six Americans who act as advisors and directors. The Society holds English conversation classes, welcoming events for visiting U.S. ships, various lectures on American and Japanese cultural topics and sponsors the Fleet Activities Sasebo (CFAS) Volunteer of

the Month program.

"As I assume this position as president of the Japan – America Society of Sasebo, I would like to enhance the Japan – America relationship which has been developed by our predecessors," he said. "Through interaction between us, U.S. military service members and their families, I hope that the interaction between the Japanese community and the American community will deepen understanding for each other, enhance our good partnerships, and strengthen the bond between us." The president, a native of Nagasaki Prefecture, graduated from the Law department of Tokyo University in 1971 and held a variety of positions within Kyushu Holdings Co., Ltd. before assuming its presidency in April, 2003.

Navy OneSource briefing team coming to CFAS Sept. 20 - 23

Naomi Sullivan
CFAS Public Affairs

Navy OneSource is an online, toll-free information and referral service available to all active duty military and their families, as well as Department of Defense civilians working overseas. The resource has been online since Jan. 1 to help improve the quality of life for service members and their families.

A team will be coming to Sasebo September 20 – 23 to provide briefings on the capabilities and ease of access for Navy One Source assistance.

The information presented at the briefings is invaluable as it applies to military life. It is especially useful if you have PCS questions that you can't find answers to anywhere else. Information on a wide variety of topics, ranging

from information on car dealers and realtors to a suicide and abuse hotline that is available - seven days a week, 24 hours a day, 365 days a year.

Briefing information will be published in Soundings and advertised on Thunder Radio. For more information on the Navy OneSource initiative, call the Fleet and Family Support Center at 252-3604.

Navy OneSource is accessible by telephone or the web. For web access go to navyonesource.com. The user ID is: Navy; and the password: Sailor. When calling from overseas by phone, call 1-484-530-5914. The special needs line for TTY/TDD is 1-800-346-9188. The Spanish and other foreign language line is 1-888-732-9020.

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NEX renovation projects move on to next phase

JOSA Jeff Johnstone
CFAS Public Affairs

The ongoing renovation of Sasebo's Navy Exchange (NEX) facilities, continues to progress as scheduled. The first phase of the project, the renovation of the Mini-Mart and the Auto Port, was completed August 30, and more construction is currently underway. Phase one covered the new portion of the current Auto Port (Bldg. 1625), which will house the new Mini-Mart, the car wash area and traffic flow change by the gas islands.

According to Sandra Franklin, Sasebo NEX general manager, Phase two of the project began September 9.

Phase two covers renovation of the area where customers used to rent cars and purchase consumables, she said. Phase two also includes the demolition of bldg 109 and bldg 108. Building 109's demolition began Sept. 14, and 108 is due to be demolished in December. In late November, we will vacate 108 and move to the newly renovated 1625, which will house the new Mini-Mart.

The NEX facilities are receiving a complete makeover.

Ongoing construction remains on schedule, even after Fleet Activities Sasebo (CFAS) dealt with a few bumps in

the road.

"We only lost one day of construction because of the typhoons," said Franklin.

The new main store will be developed in a process consisting of two phases with construction beginning around February 5, 2005, said Franklin.

This project will take around 18-19 months to complete, she added.

First, we will build around the area where buildings 108 and 109 once stood, said Franklin. Second, we will build around building 110.

She said that once the new building is completed and all merchandise is consolidated from the old main store to the new one, the older store will then be demolished.

The new construction will truly change the face of shopping as we know it at CFAS.

Once the construction gets going, a real domino effect will be created here as far as the NEX facilities are concerned, said Franklin.

The electronics from the fleet store will transfer to the main store, said Franklin. The furniture on the second deck of the fleet store will move downstairs, while the uniform shop will move its operations upstairs at the fleet store.

The new main store will also house the NEX warehouse and merchandise consolidated from the Four Seasons store, which will be taken over by another tenant, said Franklin.

The old uniform shop will house the barber shop, beauty shop and JENS, and the NEX depot will move to building 303 next to the Auto Port, said Franklin.

The Seabees have a project slated to lower the floor and install a mezzanine in that building, she added.

According to Franklin, she couldn't be happier with the contractors carrying out the construction.

The Toa Kensetsu Kogyo Company was contracted to head up the construction by the resident officer in charge of construction, and they have been excellent, said Franklin.

She added that the project will benefit CFAS residents and Sailors onboard the ships by cutting down on the number of places they have to shop at.

"This project will be good for shoppers, and it will create floor space for non uniform clothing, an area in which we are hurting right now," said Franklin.

"All of this should be completed by fiscal year 2007, so this is going to be a very busy next two years for construction," said Franklin.

World's biggest case lot sale' offers big savings

Bonnie Powell
Defense Commissary Agency

The 'World's Biggest Case Lot Sale' in September offers big customer savings – even at one of the world's smallest commissaries.

"Our customers look forward to this event and start asking about the case lot sale two to three months in advance," says Jerry Yarbrough, store manager of Camp Merrill commissary in northern Georgia. Camp Merrill is the home of the 5th Ranger Training Battalion and the mountain phase of the U.S. Army Ranger School – and it's home to the smallest military commissary in the United States.

"Nearly all of our 273 commissaries are participating in the September case lot sale – from the biggest to the smallest," said Defense Commissary Agency Chief Executive Officer Patrick B. Nixon. "Customers save up to 50 percent or more off regular prices, and if the last sale in May is any indication, cases sold will easily top a million."

Camp Merrill commissary won't make a big contribution to the number of cases sold, but it will offer customers savings equal to the biggest commissaries. "We can't have the assortment of items that the larger stores have, because of our size and small storage area, but we have the items that

are most important to our customers, based on the past history of our sales," said Yarbrough, who opens the convenience-store-size commissary Tuesday through Saturday.

"I'll be supporting Merrill's sale," said Jim Black, store director for Fort Gillem and Fort McPherson commissaries near Atlanta, as well as Camp Merrill. "I send a trailer from

Fort Gillem with the sale items. The trailer is dropped there and remains for seven to 10 days." In addition to serving customers as part of their regular duties, Yarbrough and the only other employee at Camp Merrill spend two days before the sale checking in the product, preparing the items and printing price signs.

"On the morning of the first day of the case lot sale, we place the pallets of sale items in the store and outside," said Yarbrough. "The majority of active duty (only about

200 assigned) and their families, along with a surprising number of retirees, show up with big smiles on their faces, excited about saving lots of money."

"We don't participate just to put a 'check' in the box," said Black. "It's a real case lot sale and it's a big event at Merrill!" It's a big event all over the world. Customers purchased over \$11 million in groceries ranging from cleaning supplies to breakfast foods to beverages during the May 2004 worldwide sale. "The September sale has been held since 2001 and

proved so popular it was expanded this year to include Commissary Awareness Month in May," said Nixon. "The May and September sales will be something our customers can look forward to now – whether they live just around the block or an hour away."

Since commissaries have the flexibility to participate in the worldwide sale anytime during the month, shoppers who live in regions with several military installations may be able to shop different sales. To help shoppers keep track of when their favorite commissary is having its September case lot sale, a new link was added to the front page of <www.commissaries.com>. The "Worldwide Case Lot Sale" link takes shoppers to a special page with sale dates and hot links to store spotlighting pages for more on the case lot sale as well as other store news. The case lot sale for the Sasebo commissary's are September 18 - 19 10 a.m. until 6 p.m.

The Defense Commissary Agency operates a worldwide chain of nearly 275 commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Authorized patrons purchase items at cost plus a 5-percent surcharge, which covers the costs of building new commissaries and modernizing existing ones. Shoppers save an average of 30 percent or more on their purchases compared to commercial prices – savings worth more than \$2,700 annually for a family of four. A core military family support element, and a valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America's military and their families, and help recruit and retain the best and brightest men and women to serve their country.



E. J. King open house

Families of E. J. King students Grades 7 through 12 are invited to the school's open house on Thursday, September 23. Meet in the Elementary Multipurpose Room at 5 p.m. for a welcome ceremony and to receive student schedules.

Although there will not be time for one-on-one conferences, this is a chance for families to find out about classroom procedures, get to know your child's teachers, peruse classroom materials and find out what your child will be learning this year.

We hope to see plenty of families at this event! Our students should know that their education is important to all of us!

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First staff cross deck at sea shows flexibility, mobility

By Lt. Sonja Stone

Expeditionary Strike Group Three Public Affairs

ABOARD USS ESSEX, North Arabian Gulf — Expeditionary Strike Group Three (ESG 3) made history this week by successfully executing the first ESG flag staff cross deck at sea. The flag officer led staff completed a cross deck from USS Belleau Wood (LHA 3) to USS Essex (LHD 2) on Sept. 9. Once the turn over was completed and the ESG 3 watch was established, Essex Expeditionary Strike Group (ESX ESG) was officially activated on Sept. 10.

Essex will fill the vital role as flagship for Brigadier General Joseph Medina, Commander, ESG 3 and his staff. Medina assumed the duties as Commander, Task Force 58 (CTF 58) on June 30. The ESG 3/CTF 58 staff is responsible for maritime security operations in the Northern Arabian Gulf, to include protection of Al Basrah Oil Terminal and Khawr Al Amaya oil terminal off the coast of Iraq.

“This is a first, but it makes sense. Our cross deck to Essex supports the Navy’s philosophy of presence with a purpose,” said Medina. “The purpose of the flag staff is to bridge theater-wide operational plans and tactical execution at the Task Force level.” The ESG 3/CTF 58 Flag Staff also provides the ability to simultaneously plan and execute multiple missions thereby avoiding task saturation at the subordinate levels.

“The continued presence of the flag staff will provide enhanced command and control to two very different mission sets in support of the Fifth Fleet Maritime Campaign Plan. First, in support of Operation Iraqi Freedom, CTF 58 will continue to provide command and control for defense of Al Basrah oil terminal, Khawr Al Amaya oil terminal and the undersea pipeline extending from the Al Faw Peninsula. Second, in support of Operation Enduring Freedom, CTF 58 will continue to provide command and control for offensive operations intended to eradicate international terrorist organizations operating within the Northern Arabian Gulf and Iraqi territorial waters,” said Lt. Col. Tim Callahan, ESG 3 future plans officer.

The flag staff cross deck is further proof of the ESG concept, demonstrating flexibility, agility and mobility not only of units but also the flexibility of personnel. The challenge was in reestablishing the tactical Flag Command Center, which is the watch station for ESG 3/CTF 58 staff.

“With limited space for an embarked CTF staff, Essex was flexible and configured an existing underutilized space for the CTF 58 tactical watch. In this space, our watch monitors



USS Essex (LHD 2) and USS Belleau Wood (LHA 3) cruise in formation in the Northern Arabian Gulf during a cross deck evolution to transfer supplies, personnel and equipment Sept. 9. The Expeditionary Strike Group Three (ESG 3) flag staff cross deck is further proof of the ESG concept, demonstrating flexibility, agility and mobility not only of units, but also the flexibility of personnel. (Official U.S. Navy photo by Photographer’s Mate Airman Travis M. Burns).

the disposition and employment of tactical forces. This watch ensures the protection of valuable resources in the Northern Arabian Gulf through our subordinate warfare commanders,” said Lt. Cmdr. Tom Lechleitner, ESG 3 deputy chief of staff for command and control, communications, computer and intelligence.

Due to limited space, Lechleitner was responsible for prioritizing gear and equipment necessary to maintain a seamless transfer to Essex and guarantee a sufficient level of efficiency to accomplish the mission. Only essential and compatible equipment was transferred to the Essex.

The outgoing amphibious squadron made up of Commander, Amphibious Squadron Five, USS Belleau Wood (LHA 3), USS Denver (LPD 9) and USS Comstock (LSD 45) turned over its share of responsibility for maritime security operations to USS Mobile Bay (CG 53). Mobile Bay will

eventually turn over some military security operation responsibilities to Commander, Amphibious Squadron Eleven, who simultaneously arrived on station. The newly arrived commands were USS Essex (LHD 2), USS Juneau (LPD 10), USS Harpers Ferry (LSD 49) and the 31st Marine Expeditionary Unit.

Led by the ESG 3 staff, the Essex Amphibious Ready Group/ Marine Expeditionary Unit (ARG/MEU), along with various cruisers, destroyers, patrol craft, Coast Guard vessels and coalition forces, now make up Task Force 58 and contribute to security and stability operations in the Northern Arabian Gulf.

The ESG 3 staff is based out of San Diego, Calif. and has been operating in the Fifth Fleet Area of Responsibility since June 30, 2004.

Coping with the deployment of a spouse or partner

Charlotte Bruton

FFSC Family Assistance Program Educator

Maintaining a family routine and tending to your needs or the needs of family members can be very difficult when a spouse or partner has been deployed. You may experience separation anxiety, fear, anger, loneliness, and other strong emotions during the deployment of your spouse. By knowing what to expect, learning to recognize the signs that you are having trouble coping, and knowing where to turn for help, you may be able to make this difficult time a little easier.

There are several stages of emotion you may go through when your spouse or partner has been deployed. When they first learn about a deployment, many people begin thinking about what it will be like to live without their partner, which may cause feelings of confusion, anger, resentment, or depression.

When a loved one leaves, family members may go through a difficult adjustment period. On the “up” side, many people feel an increased sense of independence and freedom. The “down” side could include periods of sadness and loneliness. If you have trouble adjusting to the absence of a spouse or partner, you can:

Try to find things to look forward to: Take a class, volunteer, or start a project you’ve always wanted to do. Set some

personal goals for yourself during the deployment period and be open to new experiences and friendships.

Reach out to others who are in the same situation: Remember that you are not alone. Plan an event with other families who are coping with deployment or find a support group through your military community.

Don’t try to hide your feelings: It’s normal to feel sad, lonely, or angry when you’ve been separated from your spouse. You don’t have to hide these feelings. That may just make it harder to deal with them. Talk about how you feel with people whom you trust.

Do something special for yourself and your family: Rent a movie or cook a meal that your spouse wouldn’t necessarily enjoy. Plan fun outings with children during free time. Make time to read a book you’ve wanted to read or visit with a friend.

Try to concentrate on the things you can control. It’s normal to worry about your spouse’s safety during a deployment or about when he or she will come home, but this is something that you can’t control. Try to focus on things that you can control, like spending time with family and friends or signing up for a class or volunteer opportunity.

Ignore rumors: The military may not be able to give detailed information about the whereabouts and activities of specific units during a deployment. Without that kind of information,

rumors and gossip can get started. It may be difficult to ignore rumors or gossip, but you’ll be much better off if you do. Rely on official sources of information when a family member has been deployed.

Learn some stress management techniques that work: The stress of living without your partner can take a toll on the way you feel and think. Try out some different ways to relieve stress, such as an exercise class, keeping a journal of your thoughts and feelings, or practicing meditation or deep breathing.

Seek support from your faith community: Many people find comfort and solace from their faith communities during difficult times.

Take care of yourself: Get enough sleep and exercise and eat healthy meals.

Ask for help when you need it: Asking for help isn’t a sign of weakness. It’s a sign that you care about yourself and your family. Don’t be afraid to ask friends or family to help with the household, child care, elder care, or anything else you need.

Seek professional counseling: If you’re having trouble coping, feel overwhelmed, or if you’re feeling blue or depressed much of the time, you may benefit from speaking with the professional counselor.

Contact the FFSC at 252 - 3604 for more information.

Sailors share 9-year connection

JO2 Alicia Boatwright
USS Harpers Ferry (LSD 49) public affairs

It’s a small world after all. That’s what two Sailors aboard USS Harpers Ferry (LSD 49) found out after a casual conversation led to a surprising coincidence.

It was 1995 when Harpers Ferry executive officer, Lt. Cmdr. John Sanford was a lieutenant aboard USS Ashland (LSD 48). “We were given 48 hours to prepare for a real-world operation,” he said.

That mission was to rescue Cubans who were fleeing their country. Sanford said the crew quickly made preparations, which included turning the 480 ft. well deck into a berthing area.

Boatswain’s Mate third Class Didier Mollinedo was 12-years-old when his family decided to flee Cuba. “We were told that Cuba would be going through a special period where the country was going to start supporting itself [due to the embargo]. We were given the general order that we were allowed to leave the country,” he said.

Mollinedo, along with his parents, younger sister, and several family friends, braved the harsh elements of the Atlantic Ocean in a raft made of wood and inner tubes en route to the United States. “We left after the sun went down because the heat would make you exhausted from rowing,” he said.

They were only out there for one day when the U.S. Coast Guard picked them up. Mollinedo said that wasn’t too soon. “We were very grateful because our raft was getting soaked and it was beginning to sink,” he said. They were then taken to the Ashland. Mollinedo said they were amazed by what they saw.

“We called it the Mother Ship,” he said. They were provided with food, clothing, and medicine and transported to Guantanamo Bay, Cuba.

Nine years later aboard Harpers Ferry, the same type of ship Mollinedo boarded as a 12-year-old seeking refuge, another connection to his past was revealed. Sanford said the conversation started ordinarily enough.

“We were talking about how hot it was and Petty Officer Mollinedo commented that it felt like Guantanamo Bay. I remarked that he hadn’t been in the Navy long enough to have been stationed there,” he said. Mollinedo then told him about his family being taken there in 1995. Once he described the ship that took him there, Sanford made the connection. “I told him [the ship he described] was my ship,” he said.

Mollinedo and his family eventually made it to the United States. After high school, he decided to join the Navy, not knowing how much his future would tie into his past.

He said he is proud of the journey he has made. “I was in Cuba, then the United States, and now I’m all the way in Japan,” he said.

For Sanford, a nine-year-old question gets answered. “There were times when I wondered what happened to [the Cubans]. It feels good to know that Petty Officer Mollinedo and his family are doing well and that he went on to serve in the United States Navy,” he said.

Mollinedo said he is amazed by how two people from different countries once on opposite ends of a rescue mission can years later come together in order to fulfill a common mission.

“Now we’re side by side serving the same country,” he said.

CFAS Admin Sailor’s got ‘sole’

JOSA Jeff Johnstone
CFAS Public Affairs

Now if only I could find a pair of shoes to match this shirt...that’s the dilemma Fleet Activities Sasebo (CFAS) Yeoman Seaman Recruit sometimes faces before he heads out for the evening.

“Officially, I own 68 pairs of shoes,” he said.

According to the Sailor, 19 pairs of shoes reside with him here at Sasebo and the rest of them are in his basement back home in Queens, NY.

“I started collecting shoes back in 1996. Most of them are Nike or Air Jordans, and I also have other types of basketball shoes mixed in with some casual styles,” he said.

“And every pair still fits,” he added. “My feet grew to a size 12 when I was in seventh grade. It’s funny, because I was able to keep all of my shoes, because they still fit. Why throw them out or get rid of them?”

On top of simply owning a variety of footwear, he prides himself on having a collection of shoes that are in good condition.

“All of them are in top shape. In fact, several of them are worth money.”

According to him, his collection would be even larger if he hadn’t sold a few pairs on ebay.

“The pairs I sold on ebay weren’t very valuable,” he said.

Upon initial inspection of his footwear collection, one would assume that his shoe collection is comprised ‘solely’ of basketball style shoes.



YNSR poses with a portion of his immense collection of sneakers. His collection includes 68 pairs of Nike, Air Jordans and some casual style shoes as well. (Official U.S. Navy photo by JOSA Jeff Johnstone)

He says there is more to his collection than that.

“I own a special pair of Adidas that were created in memory of the late Jam Master Jay, from the hip hop group Run D.M.C. I also like the new retro comeback. Shoe companies are re-releasing older prototypes from the 80s and early 90s, and they are getting popular. I have some of those as well.”

What’s old is new again.

According to him, his friends back home also collect shoes, and he considers himself a “shoe consultant.”

“I help my friends find the best places to buy shoes and

can let them know where the best deals are,” he said.

He still continues to bolster his collection, often buying new shoes.

“I try to buy a new pair whenever I get paid, though shopping for shoes in Japan is harder, and more expensive than back home,” he said.

“It was also easier to buy shoes before I started racking up bills,” he laughed.

He admits there are larger collections than his out there.

“There is one person I know who has more shoes than me,” he said. “but I’m

pretty sure *her* shoes are cheaper,” he laughed.

So how does he pick out a pair of shoes to match his evening outfit?

“I try to find a pair of shoes that matches what I’m wearing, but it can be hard.”

Profile: NEX Manager



Navy Exchange (NEX) General Manager
Montrose, Scotland

How long have you been in Japan?

Eight and a half years

What is your favorite thing about Sasebo?

The home town atmosphere and the team work of the CFAS command departments

Are you married or single?

Married to Doug Franklin, LCDR USN Medical Service Corps. (ret.)

Do you have any children?

Two girls; Debra and Briana and two grandsons; Anthony and Isaiah

What hobbies do you have?

Bowling and swimming

Who do you consider to be your role models?

Richard Garza and Frank Miller; two of my previous bosses

What are your personal goals?

To transfer to the United Kingdom (U.K.) or Washington state NEX and retire in 2008.

What motivates you?

Work and deadlines

What is the one thing you can’t stand?

Smoking in my presence

What do people not know about you?

Most people don’t know that I have been a military family member since 1964. I started in NEX stocking shelves in 1975.

What is your most embarrassing moment?

My husband and I were going to Bali on vacation a few years ago. We were at Narita airport, on an escalator. I had my suitcase on the step behind me and it fell over, taking me with it. There I was upside down on a moving escalator. My husband, laughing very loud, could not reach me to help me up. Luckily, a very nice Japanese man came to my assistance.

If you could have dinner with three people, living or dead, who would they be?

My mom, my brother Ian and Princess Diana

UPCOMING EVENTS & MOVIES

FREE! FREE! FREE! FREE! FREE! FREE! FREE! FREE! FREE!

JAH WORKS **Live Reggae Music!**

SATURDAY, SEPTEMBER 18 8 P.M.



For more information, call 252-2980.

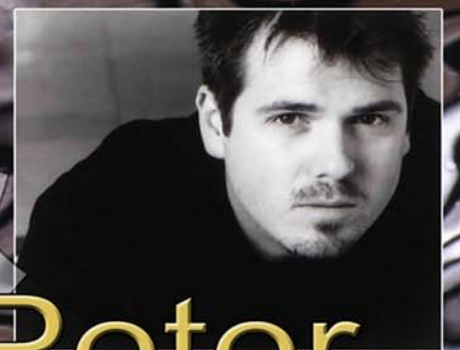
JAH WORKS



Live at
Galaxies!

Comedy Showcase

Mimi



FREE & Peter

Tuesday, September 21 8 p.m. • Free

For more information, call 252-2980.



September 17-24

FEATURED PREMIERE



Rated PG THUNDERBIRDS

Bill Paxton,
Brady Corbet, Ben Kingsley,
Anthony Edwards,
Sophia Myles

Tracy Island, a lush patch of land situated in the remote waters of the South Pacific, is home to brilliant entrepreneur and former astronaut Jeff Tracy and his five sons. It is also the headquarters of Tracy's top-secret organization, International Rescue. Master criminal (The Hood) has breached island security intending to command International Rescue's fleet of five highly advanced rescue vehicles. Deploying Jeff and his four eldest sons on a mission, The Hood finds his plans obstructed by Jeff's youngest son Alan who will do anything to save the Tracy family and the Thunderbirds.



Showboat Theater will be Closed Through September 24 for Renovations.

Movie Schedule
subject to
change without
notice.

HARIO VILLAGE THEATER

252-8753

FRIDAY, SEPTEMBER 17	SATURDAY, SEPTEMBER 18	SUNDAY, SEPTEMBER 19	MONDAY, SEPTEMBER 20	TUESDAY, SEPTEMBER 21	WEDNESDAY, SEPTEMBER 22	THURSDAY, SEPTEMBER 23	FRIDAY, SEPTEMBER 24
6:30 p.m. (R) Harold & Kumar Go to White Castle	2 p.m. (PG) Thunderbirds	2 p.m. (PG) A Cinderella Story	6:30 p.m. (PG-13) Catwoman	6:30 p.m. (PG-13) King Arthur	6:30 p.m. (PG-13) Alien vs. Predator	6:30 p.m. (PG-13) Little Black Book	6:30 p.m. (PG) *Yu-Gi-Oh!
9 p.m. (PG-13) The Village	6:30 p.m. (PG-13) Little Black Book	6:30 p.m. (R) Harold & Kumar Go to White Castle				No scooters, skates, skateboards, strollers or backpacks allowed in theaters. No outside food or beverages.	9 p.m. (R) Collateral
	9 p.m. (PG-13) Bourne Supremacy				* = Premiere		

HAROLD AND KUMAR GO TO WHITE CASTLE (R)

Starring: John Cho, Kal Penn, Neil Patrick Harris, Ethan Embry and Steve Braun
Harold and Kumar set out on a Friday night quest to satisfy their craving for White Castle hamburgers and end up on a mind altering road trip of epic proportions.

YU-GI-OH! (PG)

Starring: Dan Green, Wayne Grayson, Amy Birnbaum and Eric Stuart
After the conclusion of the Battle City Tournament, deep below the sands of Egypt, an ancient evil has awakened. Anubis who was defeated centuries ago by Yugi's mysterious alter ego - the ancient Pharaoh has returned for revenge. Wielding the power of the Eighth Millennium Item, Anubis is determined to destroy Yugi and take over the world.

A CINDERELLA STORY (PG)

Starring: Hilary Duff, Chad Michael Murray, Jennifer Coolidge, Julie Gonzalo and Regina King
High school senior Sam Montgomery lives at the beck and call of her self-obsessed step-mother Fiona and her sinfully wicked step-sisters. With her sights set on attending Princeton, Sam finds her less-than-sparkling social life wonderfully complicated when she meets her Prince Charming online. But when her anonymous cyber soul mate turns out to be her high school's popular quarterback, Sam makes a mad dash back to reality, leaving her cell phone behind just before the clock strikes midnight. Will Sam let fear hold her back, or will she find the courage to be herself and claim the life she's always wanted?

THE VILLAGE (PG-13)

Starring: Judy Greer, Bryce Dallas Howard, William Hurt, Joaquin Phoenix and Adrien Brody
At first glance, this village seems picture perfect, but this close-knit community lives with the frightening knowledge that creatures reside in the surrounding woods. The evil and foreboding force is so unnerving that none dare venture beyond the borders of the village and into the woods. But when curious, headstrong Lucius Hunt plans to step beyond the boundaries of the town and into the unknown, his bold move threatens to forever change the future of the village.

CATWOMAN (PG-13)

Starring: Halle Berry, Benjamin Bratt, Sharon Stone, Lambert Wilson and Frances Conroy
Patience Philips is a woman who can't seem to stop apologizing for her own existence. She works as a graphic designer for Hedare Beauty, a mammoth cosmetics company on the verge of releasing a revolutionary anti-aging product. When Patience inadvertently happens upon a dark secret her employer is hiding, she finds herself in the middle of a corporate conspiracy. In a mystical twist of fate, she is transformed into a woman with the strength, speed, agility and ultra-keen senses of a cat. Patience becomes Catwoman, a sleek and stealthy creature balancing on the thin line between good and bad. Her adventures are complicated by a burgeoning relationship with Tom Lone, a cop who has fallen for Patience but cannot shake his fascination with the mysterious Catwoman, who appears to be responsible for a string of crime sprees plaguing the city.

LITTLE BLACK BOOK (PG-13)

Starring: Brittany Murphy, Ron Livingston, Kathy Bates, Holly Hunter and Rashida Jones
Stacy Holt, an associate producer for daytime talk show hostess Kippie Kann, is frustrated when her boyfriend Derek refuses to discuss his past relationships. With the encouragement of her co-worker Barb, she sneaks into around to learn about his ex-girlfriends. Using the show as a ruse and Barb as her guide, Stacy interviews and befriends them, only to discover that the past, in a few instances, is rather present.

BOURNE SUPREMACY (PG-13)

Starring: Matt Damon, Franka Potente, Brian Cox, Joan Allen and Julia Stiles
Jason Bourne continues to find himself plagued by splintered nightmares from his former life. The stakes are now even higher for the agent as he coolly maneuvers through the dangerous waters of international espionage - complete with CIA plots, turncoat agents and ever-shifting covert alliances - all the while hoping to find the truth behind his haunted memories and answers to his own fragmented past.



Pre-Hirado 10K
Sign up today for the free Pre-Hirado 10K Run scheduled for Saturday, September 25 at Nimitz Park. Register by Wednesday, September 22 at the Fleet Fitness Center Office. Late sign-ups will be accepted on race day at the race site. Awards will be presented to the top three runners in male and female divisions. For more information, call 252-3588.

September Lunch Specials At Harbor View Club
Every Monday in September you can feast on braised short ribs with garlic mashed potatoes. Tuesday they'll feature chicken Vesuvius and roasted potatoes. Wednesday the lunch special is baked rigatoni with garlic toast and Thursday Yost and his staff created their own special version of southwestern beef roll-up. The Friday lunch

special is the popular deep-fried popcorn shrimp. All lunch specials come with one trip to the salad bar and your choice of iced tea or coffee. For more information, call 252-3965.

Comedy Night at Galaxies
Comedians Mimi Gonzales and Peter Johansson will appear live in person at Galaxies on Tuesday night, September 21. The free show is scheduled to begin at 8 p.m. This show is not recommended for children. For more information, call 252-2980.

3-6-9 Bowling Tournament
The Spare Time Recreation Center will hold a 3-6-9 Bowling Tournament on Saturday, September 25 at 6:30 p.m. The entry fee is \$15 (you must be 18 years old or older to participate). The tournament includes three games of bowling with every third, sixth and

ninth frame automatically scored as a strike. The highest total pin fall determines the winner. The total number of participants determines the prize money. For more information, call 252-3634.

Three-on-three Sand Volleyball Tournament
The three-On-three Sand Volleyball Tournament is scheduled for Sunday, September 26 at Nimitz Park. The tournament is set to begin at 1 p.m. Awards go to the top two teams, plus best offensive player and best defensive player. You'll need to field a team of three people in order to participate. For more information, call 252-3588.

Stay Healthy, Stay Strong
It's always a good idea to consult with a professional to make sure you're exercising the right way. David Glazier and his staff of pros at the Hario Fitness Center are offering a free Metabolism Booster Clinic on Wednesday, September 22 at 6 p.m. that will show you how to exercise safely and effectively. The clinic will teach you basic strength and cardio training techniques that will help you get in shape and stay that way. Participate in this free clinic for a happier, healthier lifestyle. For more information, call 252-8960.

Sea Kayaking Class
If you ever wanted to go kayaking but lacked

the skill and confidence to head for the open water, now is your chance to go for it. The pros at the Sailing & Outdoor Adventure Center are offering one more Sea Kayaking classes this month so you can enjoy this great outdoor sport safely and with confidence. The six hour class, scheduled for Friday, September 24, from 10 a.m. until 4 p.m., is only \$35 per person. For more information, call 252-3500.

Papio Ice Skating & Hawks Town Mall Shopping Trip
Sign up today for a full day of ice skating and shopping on Sunday, September 26, courtesy of your Travel & Tours Office. If you're a beginner, no problem. All level of skaters are welcome to join in the fun. Cost is \$24 for adults, \$20 for those 13 to 16 and \$15 for children 12 & under. For more information, call 252-3433.

Take a Hike!
A great way to experience the great outdoors while you're in Japan is on foot and the best way to do that is with your friends at the Sailing & Outdoor Adventure Center. They have scheduled a spectacular day-long hike up Mt. Aso on Saturday, September 25 from 6 a.m. to 10 p.m. Cost is \$20 per person. For more information, call 252-3500.

Living in Japan: Little league and growing up

Early Summer days of 1954-1957, bright blue skies, a large expanse of grassy area at Franklyn's Field in Rome, New York. As many as 500 young men, grouped in gaggles, waiting for their turn to take the field or swing the bat, as we vied for the 300 or so slots on the city's Little League teams. For years, from the ages of nine through 12, I made the mile-long trek to Franklyn's Field, ball glove on my hand, and my head full of miraculous catches, towering hits, and that prized moment when my name would be announced to fall-in with the Sears Flyers, Polish Community Kings, or one of the other

sponsored teams that made up our league. Four years in a row, I made that torturous trek back home, again shunned by the system, just another young boy who had failed to select to use Navy terminology. Today's feel good society won't allow such painful things to happen to kids. I've heard of cities where team sizes are expanded or whole new teams are created, to



SUPERVISORY PROGRAMS
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ensure all who wish to play are given the chance, in fear of wounding a child's psyche through rejection. Truth of the matter, I wasn't good enough. I had no natural gift for sports, and would only trot out with my glove for annual try-outs and occasional neighborhood games, but never applied myself to practicing any of the fundamentals of baseball to

better prepare myself for competitive selection to a team. Last Sunday, Sasebo was privileged to observe nine teams of the Japan Little League, including our very own Sasebo Eagles, play a one day friendship tournament in Nimitz Park. These young men and women truly know and love the game. They definitely deserve the honor of competing on a team, 50 years ago, I honestly did not.

New Hours
USO Nimitz Park:
Monday through Thursday 10a.m.-6p.m.
Friday and Saturday 10 a.m. - 9 p.m.
Sunday 10 a.m. - 6 p.m.
Park hours Sept. 20, 21and 23
10 a.m. - 4:30 p.m.

Fleet Landing:
Monday through Friday 9a.m.-4:30p.m.
Closed Saturday and Sunday (unless there is a volunteer.)
Hours Sept. 18 and 19:
10 a.m. - 8 p.m.

Events
The Society for Creative Anachronism
Fridays at 6:30 p.m.

Betcha didn't know about: Occupation of Sasebo details

Phil Eakins
Base Historian

September 22 is the 59th anniversary of the 5th Marine Division's arrival at Sasebo in 1945.

U.S. Navy ships loaded with Marines didn't just sail into the harbor unannounced, however. The successful occupation of Sasebo was the result of weeks of prior planning and careful preparations.

Minesweeping operations to clear a safe passage to Sasebo began in early September. During the afternoon of September 14, light minelayer USS Shannon (DM 25) entered Sasebo harbor and, after meeting Japanese naval officials, accepted the informal surrender of the Sasebo Naval Station. Two

days later Rear Admiral Morton L. Deyo, Task Force 55 commander, arrived aboard destroyer USS Ralph Talbot (DD 390) to meet the advance reconnaissance party and spent two days inspecting the harbor, naval facilities and the city.

A conference between Vice Admiral Harry W. Hill, 5th Amphibious Force commander, and Vice Admiral Rokuzo Sugiyama, former Sasebo Naval Station commanding officer, was held onboard amphibious command ship USS Auburn (AGC 10) on the afternoon of September 20. Additional meetings were conducted the next day by Rear Admiral Deyo onboard his flagship light cruiser USS Santa Fe (CL 60).

Around this time an advance party from Marine Air Group 22 landed at the Omura naval airfield. On September 23, Corsairs from VMF-113 arrived from Okinawa to provide reconnaissance flights over the

Sasebo area. Additional aircraft from three other Marine fighter squadrons would join the group before the end of the month.

At 6 a.m. on September 22, 93 American naval vessels began entering Sasebo harbor. Three hours later, under overcast skies and light rain, the first wave of Marines came ashore. By 6 p.m. approximately 10,000 troops had landed in Sasebo; the entire division was ashore shortly after noon the next day.

By early December the 5th Marine Division was ready to depart Japan, relinquishing control on December 8 to the 2nd Marine Division that had previously occupied Nagasaki. The final group of 5th Marine Division members departed Sasebo on December 19, 1945.

Worship Services

Community Chapel, Main Base
Roman Catholic
Sun. 9 a.m., Tue.- Fri. 11:30 a.m.
Protestant
Sun. 9 a.m.
Protestant Sunday Schools
Sun. 9 a.m.
Catholic Catechetical Doctrine
Sun. 10:15 a.m.
Ladies Bible Study by Beth Moore
Tue. 9:30 a.m. & Wed 6:30 p.m.- Music room
Christian Men’s Fellowship
Every fourth Sat. of the month, 8 a.m., Fellowship Hall.

Hario Chapel
Protestant (Traditional)
Sun. 9 a.m.
Roman Catholic
Sat. 5 p.m.
Protestant Sunday School
Sun. 9 a.m.

Lay Congregations

Ladies Midweek Bible Study
Wed., 9 a.m.
Firebrand Holiness Service (Hario)
Sun. 2 p.m. FMI 252-7323
Effective Oct. 3: Sun. 11 a.m.
Bible Study: Thurs. 6:30 p.m.
Church of Christ (CEC)
(non-instrumental), Sun. 10 a.m. at Main Base FMI 252-8122
Jewish Community
Contact Religious Ministries at 252-3380
FMI: LT. Polansky (252-3747)
Nichiren Daishonin’s Buddhism (SGI-USA)
Sat. 1 p.m. at the Community and Education Center (CEC). FMI: 252- 8165
Wicca
As announced.
FMI: JOSN Mellen 252-2290
New Life Christian Fellowship (CEC)
Sunday School- 12:15 p.m. MB, Sunday Worship Service- 1 p.m. MB, Adult Bible Study - Fridays, 6 p.m. Hario. Prayer Meeting- Wed., 6 p.m., Hario. FMI 252-7332
Ladies Bible Study (CEC)
Tuesday 6:30 p.m.- Music Room
FMI call 252-8632
Family Bible Study (Hario)
Wednesdays 7 p.m. FMI call 252-8632

Off-base Congregations
Greater Harvest Holiness Church of God in Christ
Located in Daikoku-cho. Sun. 11 a.m. FMI 090-1517-7712
Church of Jesus Christ of Latter Day Saints
Missionary- 252-8279
Lighthouse Baptist Church
Sun. 11 a.m. & 6 p.m. Wed. 7 p.m. FMI, 33-9011 or 090-8914-8319.
International Christian Assembly
Assemblies of God; Sun. 10:30 a.m. & 5:30 p.m. FMI, 28-4063.
Iglesia Ni Cristo
252-2363 During working hrs.
252-8453 After working hrs.

AFN-TV Schedule
Sept. 18-Sept. 24

The following schedule is an abbreviated schedule. For a full schedule, please log on to www.myafn.net or check AFN Channel 5.

	News	Spect.	Pac.	Atlan.	Sports
Sat. Sept. 18	8 a.m. ABC World News Tonight 11 a.m.-The News Hour 4 p.m.- Night Line 6 p.m.- Dateline NBC 8 p.m. - 20/20 Special Edition	9 a.m. - Clean House 2 p.m. - Antiques Road Show 6 p.m. - What Not To Wear 8 p.m. - Crossing Jordan	8 a.m. - Chalk Zone 1p.m.- Headline News 3 p.m. - Lizzie McGuire 9 p.m. - Law & Order	7:30 a.m. - Access Hollywood 1 p.m. - Headline News 4 p.m. - Jimmy Neutron 8 p.m - WWE Raw	8 a.m.- MLB 2 p.m. - SportsCenter 4 p.m.- MLB 8 p.m. - Baseball Tonight 10 p.m. - SportsCenter
Sun. Sept. 19	9 a.m. - Washington Week in Review 12 p.m.- Dateline International 4p.m.- Make it Count 10 p.m.- CBS News Sunday Morning	12 p.m. - Suze Orman Show 4 p.m.- The Pentagon Channel 7 p.m.- Hope & Faith 10 p.m.- Friends 11 p.m. - Mad TV	1 p.m.- The Wild Thornberry's Movie 4 p.m. - WWE Smackdown 8 p.m. - Last Comic Standing	8 a.m.- Saturday Night Live 1 p.m.- Celebration of Victory 4 p.m. - The Wild Thornberrys Movie 8 p.m. - College Football	8 a.m. - College Football 4 p.m.- MLB 10:30 p.m.- 54321 Weely Update 11 p.m. - Sports Center
Mon. Sept. 20	7 a.m. - Tim Russert 9 a.m. - This Week 12 p.m. - CNN Presents 7p.m.- Next @ CNN 10 p.m. - Headline News	10 a.m. - Designer's Challenge 1 p.m. - Charmed 4 p.m. - ER 7 p.m. - Miss America Pageant 10 p.m. - Friends	1 p.m.- Access Hollywood 4p.m.- DragonFly TV 5 p.m.- Jeopardy! 7 p.m. - Emmy Awards	8 a.m. - Headline News 1 p.m. - Headline News 3:30 p.m. - Wheel of Fortune 8 p.m. - Today	9:30 a.m. - NFL Football 3 p.m. - SportsCenter 4 p.m. - SportsCenter 9 p.m. - NFL Primetime
Tues. Sept. 21	10 a.m.- Hannity & Colmes 12 p.m. - Lou Dobbs Tonight 3 p.m.- BET Nightly News 7 p.m.- The O'Reilly Factor	10 a.m. - Best for Less 1 p.m. - Charmed 7 p.m. - Ed 11:30 p.m. - Blind Date	1 p.m. - Access Hollywood 4 p.m.- Braceface 7 p.m. - Monday Night Football 10 p.m. - ESPNNews	10 a.m. - Monday Night Football 1 p.m. - Headline News 4 p.m. - Dr. Phil 8 p.m. - Today Show 11 p.m. - Braceface	8:30 a.m. - WNBA 10:30 p.m. - NHRA Drag Racing 4 p.m. - MLB 8 p.m. - MLB
Wed. Sept. 22	8 a.m. - ABC World News Tonight 12 p.m. - Lou Dobbs Tonight 2 p.m. - News Night w/ Aaron Brown 7 p.m. - The O'Reilly Factor	10 a.m. - Sensible Chic 2 p.m.- Ally McBeal 7 p.m. - The Amazing Race 10 p.m. - Friends	9 a.m. - Blue's Clues 1 p.m. - Access Hollywood 4 p.m. - Popular Mechanics For Kids 9 p.m. - Las Vegas	9a.m. - MLB 1 p.m. - Headline News 4 p.m. - Dr. Phil 7 p.m. - Headline News 8 p.m. - Today Show	3p.m.- SportsCenter 4 p.m. - MLB 7 p.m. - SportsCenter 8 p.m. - MLB
Thurs. Sept. 23	9 a.m. - Countdown w/ Keith Olbermann 12 p.m. - Lou Dobbs Tonight 3 p.m.- BET Nightly News 6 p.m. - 60 Minutes	9 a.m. - 30 Minute Meals 2 p.m.- Ally McBeal 6 p.m. - The Simpsons 7 p.m.- One Tree Hill	9 a.m. - Play With Me Sesame 4 p.m. - Yu-Gi-Oh! 7 p.m. - Everybody Loves Raymond 8 p.m. - Bachelor	11 a.m. - ESPNNews 1 p.m. - Headline News 4 p.m. - Dr. Phil Show 8 p.m. - Today 11 p.m. - Yu-Gi-Oh!	8 a.m. - MLB 4 p.m. - Wal-Mart FLW Outdoors Tour Championship 11 p.m. - Real Sports w/Bryant Gumbel
Fri. Sept. 24	2 p.m. - News Night w/ Aaron Brown 5 p.m. - Hardball w/ Chris Matthews 6 p.m. - Primetime 8 p.m. - Good Morning America	8 a.m. - Emeril Live 2 p.m. - Alley McBeal 6 p.m. - The Simpsons 7 p.m. - Charmed 9 p.m. - Crocodile Hunter	1 p.m. - Access Hollywood 4 p.m.- The Fairly OddParents 7p.m.- King of the Hill 9 p.m. - Survivor	1 p.m. - Headline News 3:30 p.m. - Wheel of Fortune 8 p.m. - Today 11 p.m. - Fairly OddParents	8:30 a.m. - MLB 4 p.m.- 2004 World Strongman Championships 8 p.m. - SportsCenter 10 p.m. - Ballroom Boxing

Non-Profit Organizations

Al-Anon
090-8229-7048, 090-9602-4353

Alcoholics Anonymous
090-9602-4353, 090-8229-7048

CFAS Wardroom Association
252-3452

CPO Association
252-3521

Exceptional Sailor Program
CFAS E-4 and below, 252-3385

Filipino American Association
252-8361, 080-3228-5809

Guardian Angels
Spouse support group. 090-5945-2150

Navy League, Sasebo Council
252-3109

Nippon Lodge Number 9
252-3481
Officers’ Spouses’ Club
252-7345

Sasebo Bluejackets Association
E-1 to E-6 personnel. 252-3481
Sasebo Eagles Little League Club
<c30-dd@cfas.navy.mil>
Sasebo First Class Association
Shore Duty E-6's. 252-2181/3347
Sasebo Homeschool Support Group
252-8195, 0956-58-7875
Sasebo Wrestling Club
252-2801
Thrifty Treasures
252-8940
USS Essex Family Support Group
0956-32-2177
USA Girl Scouts Overseas
0956-49-5273
USO
252-3959

Community
Numbers
Branch Medical

Hours of Operation
Monday & Friday 8:30-11:30; 12:30 - 4 p.m.
Tuesday & Thursday 7:30-11:30; 12:30 - 4 p.m.
Wednesday 8:30-11:30
Appointment Line: 252-2550
Hario Annex Clinic: 252-8770
Online Medication Refill: <www.nhyoko.med.navy.mil>
TRICARE Health Line: 005-3111-4621
TRICARE Enrollment: 252-2572

EMERGENCY NUMBERS
On Base: 9-1-1
Off Base: 0956-23-9911
Patient Comment Line: 252-2536
Or send e-mail to: <SASOIC@nhyoko.med.navy.mil>

Branch Dental

Hours of Operation
Mon.-Thu. 8 a.m. - noon, 1 - 5 p.m.
Fri. Appointments only
Sick Call 8 - 10 a.m.
Main Base: 252-3886
252-3747
Hario: 252-8977
EMERGENCY NUMBERS
After Hours: 252-2550
252-2551
Cell: 080-5059-6754

CFAS Security

Lost and Found 252-2392
Desk Sergeant 252-3446 or 3447
Security Operations Officer 252-2371
Security Administration 252-2386

Fire Department

Business lines
Information/Dispatcher 252-3408/3518
Dispatcher 252-2144
Fire Chief 252-2147
Prevention Chief 252-2139
Training Chief 252-2149
Fire Prevention Offices
Main Base & Hario 252-2142/2163
Ordnance Area 252-2162
FISC Areas 252-2166

EMERGENCY NUMBERS
On Base: 9-1-1
Off Base: 0956-23-9911

Other numbers

Command Chaplain 252-3380
Fleet & Family Support Center 252-3604
CFAS Quarterdeck 252-3311
Navy Relief Society 252-3366
CFAS Public Affairs (Shore-based commands) 252-3409
CTF-76 Public Affairs (Sea-based commands) 252-2131
USO 252-3959
Navy Lodge 252-3608
AFN 252-3869
1575 Thunder Radio 252-1575
Command Connections 252-2290

Hispanic Heritage Month Observation Focus on: Mexican Independence

CFAS Public Affairs

It's not the more familiar Cinco de Mayo, but it is a much more important holiday in Mexico's history, celebrating the start of the long and difficult break from Spain. The site of advanced Amerindian civilizations, Mexico came under Spanish rule for three centuries before achieving independence early in the 19th century.

Traditionally, the month of September is a time when Mexicans and Mexican-Americans salute Miguel Hidalgo y Costilla, a Catholic priest from the Mexican village of Dolores who on Sept. 16, 1810, refused to back down to his Spanish empire overlords.

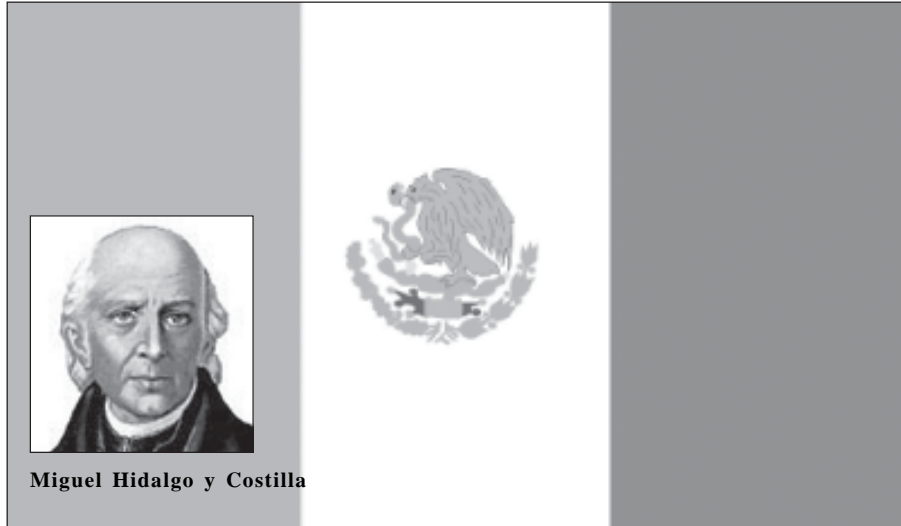
Hidalgo rang the church bell, giving the call "El Grito" to the locals to retaliate against

the hated *gachupines*, or native Spaniards. Although a movement toward Mexican independence had been in progress since Napoleon's conquest of Spain, revolution was not long in coming following Hidalgo's

had incited with his fateful cry of Dolores. When he made his hasty decision in the pre-dawn hours of September 16, he had not foreseen the mass slaughter of Indians, Mestizos, and Spaniards. Before the

revolutionary troops descended upon Mexico City, Hidalgo retreated with only a few associates to Dolores, where he would be executed by the *gachupines* only a year later. Despite his ambiguity toward the violent class

struggle that was the Mexican revolution, he is still revered as the father of Mexican



Master-at-Arms Third Class
Houston, Texas

independence.

Eleven years of war, decades of despotic Mexican rulers and political unrest proceeded Hidalgo's cry of Dolores. Yet throughout the years of turmoil, El Grito de Dolores, "Mexicanos, viva México," has persevered. Every year at midnight on September 15, Mexicans shout the grito, honoring the crucial, impulsive action that was the catalyst for the country's bloody struggle for independence from Spain.

Ready for delivery: Do you have a labor supporter?

LaDonna Kolman, RN, CS, FNP

Fleet and Family Support Center new parent support nurse

Ready? Bags packed? Baby's coming! Oops! The Ship is deployed and father-to-be can't get leave. Today's mother-to-be has been planning for the big event, her due date. She has attended prenatal classes and her monthly prenatal check-ups. The nursery is set up, diapers and layettes purchased. Dad sent in a chit for family leave. But now with changes in world events and the deployment schedules, the leave has been denied. Who is going to be the support person for the woman in labor? Dad-to-be had planned to be at the delivery. Grandma-to-be had planned to come after the baby had arrived, but now is having trouble arranging travel or time away from family or job. In some areas, a family can hire a doula to assist during labor.

A doula, or labor assistant, is a woman trained to help you before, during and immediately after giving birth. Although she doesn't perform any medical duties, she gives emotional and physical support and is experienced in assisting you throughout your labor, offering comfort and helping you stay confident and reassured.

Who is going to be the labor supporter for you here in Sasebo? Each pregnant woman here at CFAS is encouraged

to prepare for her upcoming delivery by thinking through possible scenarios, from the ideal to the worst case (in her mind). Do not wait until the due date is upon you to look for help.

- Who will be with her in the delivery room as her labor supporter? Will it be her husband or other family member? Will it be a friend? Will it be someone else?
- How will she get to the maternity hospital? Does she drive? Will someone else drive her? Will she call a taxi or ambulance?
- Who will care for the other children? Where will they stay overnight and on weekends? Who will pick them up from CDC or deliver them to CDC?
- Who will help her at home after the baby comes?
- What will she do if there are problems with the delivery or her baby? A C-Section or Premature delivery or either mother or baby med-evac'ed out of Sasebo?

Some women already have a support group established here at CFAS. She has chosen a "best friend" to trade off childcare duties and to be available during her labor. Others are still looking for the one to support her. Where do you find the help you need? Think back to those women you met at the Navy Lodge during your first days in Sasebo. Have you made friends with any of them? Are you in Housing, either on Main Base or

Hario? Is there a neighbor whom you could count on? What about your command's support group? Are you active in the Support group? Some of the support groups provide meals for the new family in the days after delivery. Contact your ombudsman for more information about your support group. What about your previous co-workers if you have been employed at CFAS? What other groups (religious or chapel related or ethnic/special interest groups) are you a member of that could step in and provide support? Still haven't come up with anyone? Come to some of the Prenatal Classes and discuss this issue with other mothers-to-be.

The New Parent Support Program has contact with some nurses and other women who have volunteered their time to act as labor supporters during a woman's time in labor. If you need assistance or have the skills and are available to offer assistance, please contact the New Parent Support Office at 252-3107. Each month about 10 women attached to CFAS as active duty women and/or dependent spouses will be giving birth and not all of the husbands or planned labor supporters will be able to be present to assist with the deliveries. But there is no reason for you to go through labor alone. A labor supporter at your side during delivery will give you strength and encouragement.

For More Information, contact LaDonna Kolman at 252-3107.

CFAS Safety: Save a life poem

Charles Carr

CFAS Safety Department

But I didn't want to seem a fool,
Or argue over a safety rule.
I knew he'd done the job before,
If I called it wrong, he might get sore.
The chances didn't seem that bad,
I've done the same, He knew I had.
So I shook my head and walked on by,
He knew the risks as well as I.
He took the chance, I closed my eye,
And with that act, I let him die.
I could have saved a life that day,

But I chose to look the other way.
Now every time I see his wife,
I'll know I should have saved his life.
That guilt is something I must bear,
But it isn't something you need share.
If you see a risk that others take,
That puts their health or life at stake.
The question asked, or thing you say,
Could help them live another day.
If you see a risk and walk away,
Then hope you never have to say,
I could have saved a life that day,
But I chose to look the other way.

A toll-free number set up by DoD for people who want to contact or provide information to the Department of Defense Task Force on Care for Victims of Sexual Assault.

9 a.m. to 9 p.m. EST,
Monday - Friday

(800)-497-6261

for Care of Sexual Assault Victims

hotline

The
Fleet & Family Support
Center
Sasebo, Japan

Base, community announcements

Parking Certificates

Sasebo Soundings recently ran a community announcement regarding parking certificates. The information in the announcement was incorrect, CFAS Security department would like to provide the correct information.

All SOFA Sponsored Vehicles (Y Plates or A Plates) that are attached to COMFLEACT Sasebo or Tenant Commands are required to obtain a Certificate of Custody Space for Vehicle (Parking Certificate and sticker). This procedure only applies to personnel registering the vehicles for the first time. The price for the Parking Certificate is 3,250 YEN for base housing residents and 4,250 YEN for CHO residents. If you have any questions please contact Sasebo Security Vehicle Registration Office at 252-2377 or 252-2378

Dental Clinic

Branch Dental Clinic requests that patients enter at the back of the Branch Medical Clinic on Wednesday afternoons.

Traffic Court

Traffic court is held every first and third Wednesday of the month at 1 p.m. at the Safety Office, located on the first deck of the Public Works building. Failure to show up at traffic court after a month will result in suspension of driving priviledges for 12 months. All Active Duty personnel are required to be there in uniform. Call 252-5539 for more information.

Base Communications Office

Effective September 1 new dialing procedues took effect. To dial off base there is a uniform 99 code for international calls and domestic off base, including cell phones.

Due to this change, residential and organizational customers will now have one monthly bill for local and long distance calls. BCO monthly telephone bill will include international call charges starting with the bill for October 2004.

Due to this change only two classes of services will be available: (1) With commercial access (both local and international) or (2) on-base only.

Customers are also reminded of the Direct Inward Dialing system, which was activated on June 15, affecting dialing from off-base, out of Japan, a cellular phone or a Japanese pay phone to any on base number. The old procedures will remain operational until December 31, 2004. Customers are encouraged to use the new procedure as follows: From off base and within the Sasebo area, using the last four digits of the number, dial 50. From off base and out of the Sasebo area, dial 0956-50. From the U.S., using the last four digits of the number, dial 011-81-956-50. For more information about these services, please call 252-3200.

Sasebo Homeschool Support Group

Families that are homeschooling their children can sign up now for group Physical Education classes and Host Nation Classes at Hario for the new school year. Join the Homeschool support group for picnics,field trips, friendship and support. If you are interested in ordering Scholastic books throughout the school year please contact Mary 252-8195 or Kathleen at 0956 58 7875.

Voting

If you are already a registered voter and would like to vote in the Primaries for your state you will need to send out your absentee ballot two weeks in advance of the election day. If you have registered but have not yet recieved your absentee ballot see the Staff Judge Advocates Office for assistance. For those who would like to register but have not yet done so please see the SJA's office.

The State Primaries for September are Hawaii and Lousiana September 18. For more information contact the SJA's office at 252-3385.

Harpers-Ferry Family Support Group

The USS Harpers Ferry Spouse Support Group meets the third Friday of each month at the Harbor Cafe at 5 p.m. If you are a Harpers Ferry spouse, please join us. Kids are welcome. Have some coffee and find out what's going on.

Fort McHenry Family Support Group

The new USS Fort McHenry Careline is up and running. The line can be accessed by calling 252-8022. Contact Ombudsman Linda Mellen or Melanie Tompkins or Family Support Group President Pauline Woods-Fiscus for more information.

Juneau Support Group

The USS Juneau Family Support Group meets the second Thursday of every month starting in June, at the coffee shop in Harbor View Club from 6 - 7 p.m. If you are a Juneau spouse, please join us to meet and greet one another. Kids are welcome.

Essex Family Support Group

The USS Essex Family Support Group meets the third Tuesday of each month at the Community and Education Center in the Fellowship Hall at 6 p.m. Children are

encouraged. Please bring a potluck dish to share. For more information call 0956-32-2177.

Patriot Family Support Group

USS Patriot Family Support Group is holding a series of fundraisers for the kids Christmas fund. On Thursday, Oct. 16 there will be a bake sale at the Fleet Exchange from 10 a.m. - 3 p.m. On Friday, October 17, there will be a garage sale on Seal beach ct. in Hario. For information, call Yvette at 252-3038 or 0901725301. And on Wednesday, October 22 a bake sale will be held at the Hario homestore at 2 p.m.

CFAS Ombudsman

CFAS would like to welcome aboard the new command ombudsman, Wendy Mckenzie. Family members that would like to be contacted can call Wendy with their information or contact the Ombudsman coordinator at the Fleet and Family Support Center. Wendy can be reached by phone at 252-3120 or 09084177906, or by e-mail at <c100A@cfas.navy.mil>.

NEX Notes

Tent Sale

Ceramics from Liberty Home including Fish Pots, Vases, Elephants, at various prices. A new shipment of Japanese style dolls are available for your early holiday shopping starting Friday outside the Fleet Exchange.

Halloween

Shop early for Halloween at NEX. Candy supplies, Beverages at the Mini-Mart and Hario Homestore, Decor, Costumes & Accessories at the Four Seasons Party Goods at the Fleet Exchange and Hario Homestore, Ice Cream Cakes at Baskin Robbins.

NEX Gift Card

The new NRX gift card is perfect for all occasions. The NEX gift cards are now available at all registers. For more information, call 252-2496 Customer Service Desk.

Consignment Jewlery

Yamashita Pearl Sale starts on September 17 at the Main Store. Thirty percent off on all pearl jewelry through October 1.

New Car Sales

Now through October 3, enter to win a \$5,000 U.S. Savings Bond, a \$1,000 NEX gift card, or a Microsoft X Box. Contact Zak at 252-3792 Exchange New Car Sales for full details.

Antique/Sepia Photography

International Professional Photographers will be in Sasebo. Registration will be accepted on September 24 through October 1 at Fleet Exchange. For more information, please call 252-3506 Personalized Services.

Autoport Construction

Autoport services will be temporarily located at the back area of the gas station during phase two of construction. Please note the hours of operation. Please pay for gas at the island that is temporarily located beside the gas pumps. Food and consumable products are temporarily unavailable at Autoport Mini-Mart. Your understanding is much appreciated.

Birth Announcements

A service of FFSC New Parent Support and *Sasebo Soundings*

Kaiyah Nairobi Carlisle-Welch

Born at 9:30 p.m. on July 24 in Dr. Higashijima's Ladies Clinic to Mother, DS2 Kelly DeLissette Carlisle of PSD Sasebo, and Father, QM3 Christopher Ryan Welch of USS Essex (LHD-2). Kaiyah Nairobi weighed 5 pounds 6 ounces at birth. She is the first child for these happy parents.

Congratulations to these proud parents and welcome to this wonderful new addition to our Sasebo Navy family.

See **LaDonna Kolman, FFSC New Parent Support Nurse, to have your baby's birth announced in Sasebo Soundings.**

CLASSIFIEDS

VEHICLES

(Exp. Sept. 18) **1992 Honda Vigor**, asking \$500. Call 080 5211 0519.

(Exp. Sept. 18) **1995 Toyota Marino**, JCI '06, asking \$2500. Call 080 5019 2534.

(Exp. Sept. 18) **1994 Nissan Pulsar**, JCI '06, asking \$2500. Call Harland at 252-3473, 49 9737 or 090 5483 2135.

(Exp. Sept. 18) **1988 Toyota RS-R Sedan**, JCI '06, asking \$850. Call 252-8126.

(Exp. Sept. 18) **1989 Mazda Eunos**, JCI '04, asking \$4000. Also selling **1997 Nissan March**, JCI '05, asking \$2000. call Dawn at 252-7391 or 090 5949 3165.

(Exp. Sept. 25) **1996 Mazda MPV**, JCI '05, asking \$3500/ obo. Call 252-8563 or 090 9595 0893.

(Exp. Sept. 25) **1997 Honda Logo**, JCI '06, asking \$2,500. Call 252-7373 or 080 5208 3615.

(Exp. Sept. 25) **1994 Toyota Carina ED**, JCI '05. asking \$2,600. Call 0956 28 7050 or 080 5204 4953.

(Exp. Oct. 2) **1989 Toyota Mastersurf Van**. JCI '05, asking \$1200/obo. Call 252-2272 or 090 8356 0486.

(Exp. Oct 2) **1995 Toyota Marino**, JCI '06, asking \$2500 . Call Teresa at 080 5019 2534.

LOST AND FOUND

CFAS Security has several unclaimed lost & found items, including cell phones, keys, eyeglasses, backpacks, clothing items, jewelry, ATM cards, wristwatches, ID cards and personal items.

If you are missing any items of this type, please stop by the Security Office (next to the front gate) or call 252-2392 to claim your property.

MISCELLANEOUS

(Exp. Sept. 18) Tripple dresser nine drawers w/large mirror \$200, Lazyboy recliner rocker chair asking \$80, JVC super-VHS VCR \$100. Boys "Firebird" bike with training wheels for age 2-5 yrs \$15, Heated roller set \$10, Like new kids castle set, for ages one through four years toddler safe asking \$10, Georgia O'Keefe print w/decorative frame \$20, Large Italian dictionary \$10, Panasonic digital radio alarm clock \$10. Call 252-7186.

(Exp. Sept. 18) Used fisher price double stroller \$45. Call Jennifer 252-8359.

(Exp. Sept. 18) Wanted baby bike seat or pull behind cart. Call 252-8202.

(Exp. Sept. 18) Garage sale Saturday, Sept. 18 Coronado drive, Hario. Call 252-8536.

(Exp. Sept. 25) Italian plug 27 in. color TV. Works in all electric systems in Europe. One-year-od, excellent condition. \$100. Oak day bed with mattress. Wonderful condition. \$125. Call 080-343-26967 or 32-9125.

(Exp. Sept. 25) Kerosene jugs w/battery operated pumps. Call 252-8202.

(Exp. Sept. 25) Looking for an algae eater fish for a child's aquarium. Call 252-8202.

(Exp. Sept. 25) Phone rights for sale. \$200. Also selling satellite dish for \$50. Call 09096763618.

(Exp. Sept. 25) Phone rights for sale. \$250/obo. Call 252-8424 or 09020839126.

(Exp. Oct. 2) Nissan GT R33 Skyline parts for sale, front bumper ¥7000, Chrome lug nuts (almost new) ¥7000. Call 090 9406 6240 or email <Aomori72@aol.com>.

(Exp. Oct 2) Seiko Kinetic divers watch \$350, Pearl/Diamond ring \$110, Mens wedding band \$50, New ruby/sapphire/diamond heart shaped ring \$700. Call 090 9406 6240 or email <Aomori72@aol.com>.

(Exp. Oct. 2) Personal computer for sale, college/internet P.C. \$450, Mid-performance \$600, Gaming P.C. \$750, High performance \$1100. All P.C.'s include the following DVD/CD-RW drive, compact flash/floppy drive 120GB 7200 rpm digital hard drive, keyboard w/mouse and two speaker set. Shuttle home theater P.C \$600. New in original box albatron pentium four motherboard, I865pe chipset \$90, Biostar AMD motherboards call for details, Dell inspiron 8000 laptop \$800. Prices include onsite setup and unlimited tech support. *Operating systems and software not included.* For more information call 080 1705 2983.

(Exp. Oct 2) Wanted toddler bed. Call Jodi at 0956 25 5346.

(Exp. Oct 2) Looking for a good used car. I will help you find one and provide all the translations for free. If you are interested in this service please call 090 9406 6240 or email <Aomori72@aol.com>.

(Exp. Oct. 2) For sale, Infant halloween outfits, Infant winter white fur coat. Call 252-8202.

HOME BUSINESS

IMPORTANT INFORMATION!

Home-based businesses require CFAS approval, and WON'T be advertised in the Sasebo Soundings without it. Applications for Command approval are available through the SJA office, Bldg 80 or call 252-2103 FMI.

P.A.W.S. Pet Rescue Organization. If anyone desires a pet, please call sandra Hornbeek at 090 5024 7139 to inquire about puppies or dogs and Itura at 252-7322 to inquire about kittens or cats. If anyone needs to find a home for a pet, please only contact us if you still have your pet after you've advertised at least two weeks in the Soundings. Donations are always welcomed and may be left at Paws and Claws with Karrie or Sandra.

New English instructor in Sasebo. Possesses Bachelor's Degree in Communications. Scheduling classes now for all age groups. Availability is limited, so call now. Hario. 080-3223-9162 or 252-8555.

Pampered Chef Consultant. Hello. My name is Florence Franks and I am a consultant in your area. BOOK YOUR SHOW TODAY and receive a gift for hosting your show, 10% discount card good for one year, bonus points for FREE Products & more... New Spring/ Summer Catalog available. New Products. Call me anytime @ 080 5201 7164 or ext.7302. Thank You.

Several locals interested in meeting learning partners; you share a little English and in turn, they'll teach you Japanese. No monies exchanged. <mamori@post.cc.sasebo.ac.jp> or 31-2863.

Experienced in teaching children and adults, will provide private English lessons to single students or groups. Morning and weekend classes available. Call Gina at 252-7264 or 090 4221 9211.

Want to learn conversational English? I offer lessons in my home for individuals, groups, children or adults. Day or early evening lessons times available. Main base. Please call 252-7186 or 080 5050 6010.

American Cooking Class. Practice your English and learn to cook traditional American foods at the same time! Day and evening classes are available. Call Nina at 080 5211 0174.

Experienced Math Tutor. Does your child need some additional help learning math? Can tutor all levels (from elementary to high school). For adults, college algebra tutoring is also available. Individuals or groups are welcome. Please contact Nina via email <ninasilverman@hotmail.com> or call 080 5211 0174 to set up a lesson.

Experienced in teaching English to non-native speakers. Will work with individual or group. Flexible hours. Call me at 252-8169.

French Language tutor contact Pierre at 090 3734 3509 or email <cramoisii@hotmail.com>

Stars and Stripes delivers to your on base post office box. As a service to Stripes readers, the Sunday edition of Stars and Stripes is offered seven days a week. Look for the specially designated vending machines at the following locations: Bayside Food Court, Main Base Post Office, McDonald's and the Hario Home Store. FMI, we are located in Bldg PW-47, first floor, across the hall from the Navy Legal Services Office (NLSO), or call us at 252-3890.

Pacific Pixels Photography Specializing in family, silhouette and kimono studio/outdoor photography. Also, modeling package for Japanese modeling agency. Professional and personable; quality portraits that will give lasting memories. A time to have a relaxing time and enjoy a true professional photography experience. Photo session begins at \$35.00. Packages begin at \$45.00. Some packages include CD of photos and postcards. Call Shirley at 252-7158 or e-mail <shirley@pacificpixels.com>

Child Find is a DoD program which actively seeks to locate and identify children through the age of 21, who may need developmental or education or related services. If you think your child has a disability, call 252-3600 (EJ King School), or 252-8800 (JN Darby School).

English Language Instructor-Call for lessons at 25-6563.

Language Instructor-Japanese or English, private and group rates. Children and adult classes at your convenience. FMI call 34 7957.

Are you concerned about your child's growth, health, motor skills or development? Early Intervention Services offers services to children from birth to age 3 and their families. These services may include help with communication problems, behavioral concerns, motor skills, delayed growth & development etc. FMI, call EDIS at 252-

3888.

Today's Memories by DeMauro. From portraits to parties. We cover it all, we're MD Photography. Give us a call. 252-8147. Check us out on the web at <www.mdphotography.net>

ADSL/Broadband setup and computer support; As the former USONet Manager, I can help you get started with faster internet access by setting up your ADSL or Broadband connection-set up fee is \$60. If you do not have a network card installed, no problem I can install one for you. Also, if you need computer support, I only charge \$50, for the first hour and \$25 for each additional half hour. Call Ernest Perez 252-8687 or 090 8394 6907 for an appointment.

Learn conversational English in Hario or at your home. Lessons for children, adults, individuals and groups. Call 252-8300 or 090 9604 3996.

Just to note...

1) Classifieds run for three consecutive weeks. Home Business Classifieds run until further notice from either CFAS or advertiser.

2) Submission deadline for next Sasebo Soundings Classifieds is Tuesday, 5 p.m. at soundings@cfas.navy.mil

3) Advertisers are responsible for ensuring their ads are updated as necessary.

4) Home business ads are approved by CFAS through the SJA office and CSO. Ads will not be run without a copy of CSO's signed *Request to Engage in Private Employment*.

5) ONLY SOFA-SPONSORED PERSONNEL MAY ADVERTISE IN SASEBO SOUNDINGS CLASSIFIEDS!

Sasebo Soundings Editor

Piano Instructor, four year degree in Music, four years experience. Children and adults welcome. Flexible schedule. Call Kristina at 252-8310 or 080 3223 8943.

Therapeutic massage, certified massage therapist. One hour \$45, 90 minutes \$60, 2 hours \$80. Call Sandra at 090 5024 7139 or 34-5321 for an appointment.

Photography by Ferna is dedicated to offering a unique look to your next portrait. Call us at 090-5731-5744 or visit us on the Web at www.photographybyferna.com

HELP WANTED

These are the most up-to-date announcements made to Sasebo Soundings as of Wednesday, 12 p.m.

SASEBO ELEMENTARY & E.J. KING HIGH SCHOOL

Open-continuous Vacancy Announcements: Applications for the following open-continuous vacant positions are accepted. If you are interested in any of the positions below, please submit your application now. Our Personnel Office in Okinawa maintains the applicant files. Qualifications: Applicants must be U.S. citizen and dependents of active military or DOD civilian personnel. Please call 252-3600 (for Sasebo ES) or 252-3059 (for King HS) or drop by the schools' offices for more information. Positions: **Substitute Teachers**, TP-1702-AA, \$87.50/day. **Educational Aid** (General), GS-1702-04. **Educational Aid** (Special Education), GS-1702-04. **Educational Aid** (Sure Start), GS-1702-04. **Office Automation Clerk/Assistant**, GS-0326-04/05. **Secretary**, GS-0318-05/06. **School Support Clerk/Assistant**, GS-0303-4/5/6/7

J.N. DARBY ELEMENTARY SCHOOL

Open Positions for Darby Elementary School. All applicants must be a US Citizen and have SOFA status to be considered. J. N. Darby is now accepting applications for substitute teachers. Applicants **must** have a high school diploma. 15 college credit hours preferable. J.N. Qualified candidates must have a high school diploma, be a U.S. citizen, and be SOFA sponsored. Educational Aid (Special Education) GS-1702-4: Typical duties and responsibilities: Assists teachers and administrative staff by distributing testing materials, developing audio-visual tactile aids, tutoring selected pupils, supervising independent study, making field trip arrangements, or working with pupils to develop student self-

helps. Minimum Qualification requirements: ability to cooperate with children with disabilities. Candidates should describe experience; education and /or training that demonstrates their ability to provide support services to children with disabilities in an educational environment. Include all experience gained in any capacity with disabled individuals in an educational, social, or recreational environment which provided knowledge of the specialized requirement of disabled individuals. **Darby Elementary is also looking for qualified applicants for a kindergarten/elementary teaching position. For more information please call 252-8800/8801 or stop by and visit the school office during business hours; Monday - Friday 7 a.m. - 4 p.m.**

VODAFONE

Vodafone, Sasebo Military Division is looking for part time applicants. If interested, please send your resume to: <vodafone-sasebo@aioros.ocn.ne.jp> or contact Vodafone manager at 252-3563.

HARIO DECA

CPA is now accepting applications for deli/bakery workers. Approximately 20-25 hours per week, \$6.50/hr. Please call 252-8956.

STARS AND STRIPES

Stars and Stripes has a continuing need for newscasters in the Main Base and Hario Housing areas. FMI, call 252-3890 or visit us in PW-47, first floor, across the hall from the NLSO.

UMUC

University of Maryland University College is seeking applications to teach from individuals with a master's degree or doctoral from a regionally accredited university in mathematics, English, business, computer studies or related fields. Application forms available at the Maryland office in the Community and Education Center (BLDG 155). A complete application would include a resume and copies of graduate and undergraduate transcripts. FMI, please call the Maryland main office in Japan at DSN 225-3690.

RELIGIOUS MINISTRIES

DEPARIMENT

Full time pianist needed for Hario Village Protestant worship services. For more information please contact CFAS Command Chaplain Office at 252-3380. (Contract position).

The Jewish High Holiday of Rosh Hashanah begins on the evening of Wednesday, September 15 and ends Friday September 17. This year the Jewish community of Sasebo is planning to observe the holiday in Seoul, Korea. If you are observant, you can get no cost TAD orders to go to Seoul. Room and meals will be free to active duty members and their family; however, you will have to pay for the flight to Seoul. If you are interested, please contact Lt Polansky at 252-3747 or the Chaplain's Office no later than Sunday, August 29.

MWR

REGULAR FULL-TIME POSITION:
Library
Library Aid, NF-01, \$6/hr.
FLEXIBLE POSITIONS:
Youth/Teen Center (HV/MB), SSN Required
Recreation Aide, \$8.42/hr. (Teen/Pre-Teen Programs and School Age Care Programs)
Recreation Aid (Summer), NF-01, \$6.50/hr. (Not to exceed six months.)
Child Development Center (MB), SSN Required
Education Aid, GSE-02, \$8.42/hr, GSE-03, \$9.18/hr, GSE-04, \$10.31/hr.
Bowling Center
Service Counter Attendant, NF-01, \$7.50/hr.
Sailing & Outdoor Recreation Center
Recreation Assistant (Sailing), NF-02, \$8.39/hr
Recreation Assistant (Paintball), NF-02, \$8.39/hr
Theater (Showboat/Hario)
Snack bar Clerk, NF-01, \$6/hr
Motion Picture Projectionist, NA-05, \$9.12/hr
Ticket Seller, NF-01, \$6/hr.
Fleet Fitness Center
Recreation Aide (Gear Issue), NF-01, \$6.00/hr (Hario)
Recreation Assistant (Adult Sports), NF-02, \$8.39/hr (MB)
Recreation Assistant (Physical Fitness), NF-02, \$8.39/hr.
Galaxies

Bartender, NA-05, \$9.12/hr
Bar Assistant, NA-05, \$7.91 per hour
Cashier, NF-01, \$6/hr
Club Operations Assistant (Duty Manager), NF-02, \$8.39/hr
Service Counter Attendant, NF-01, \$7.50/hr.
Harbor View Club
Cook, NA-04, \$9.58/hr
Club Operation Assistant (Duty Manager), NF-02, \$8.39/hr
Service Counter Attendant (Food) \$7.50/hr
Liberty
Recreation Aid, (YAP), NF-01, \$6/hr.
Gaming
Cashier, NF-01, \$7.50/hr

NEX

Open Continuous Flexible Vacancies (OC'03)
Main Base & Hario
Barber, NA-7603-07, \$9.78/hr
Beautician, NA-7641-07, \$9.78/hr
Sales Clerk, NF-2091-01, \$6.00/hr
Desk Clerk, NF-1176-01, \$8.00/hr
New Flexible Vacancies (Main Base)
Sales Clerk, NF-2091-01, \$6.00/hr, Fleet Store, Open until filled.
Lead Sales Clerk, NF-2091-01, \$6.20/hr, Fleet Store, Open until filled.
Sales Clerk, NF-2091-01, \$6.00/hr, Four Seasons Store, Open until filled.
Sales Clerk, NF-2091-01, \$6.00/hr, Mini Mart, Open until filled.
Automotive Mechanic, 60% commission (Labor Only), Auto Port, open until filled.
Navy Lodge Office Clerk, NF-6145-01, \$8.00/hr
Food Service Worker, NA-7408-02, \$7.01/hr, King School Cafeteria, Open until filled.
Fabric Worker, NA-3105-05, \$7.85/hr, Tailor Shop, Open until filled.
New Flexible Vacancies (Hario)
Sales Clerk, NF-2091-01, \$6/hr, Home Store, Open until filled.

HRO

Store Worker (WG-6914-04) DECA, Sasebo, Open Continuous Position
Store Worker (WG-6914-04) DECA, Hario, Open Continuous Position
Sales Store Checker (GS-2091-03), DeCA, Sasebo, Open Continuous Position
Sales Store Checker (GS-2091-03) DeCA, Hario, Open Continuous Position
Education Aid/Technician (GS-1702-02/03/04) MWR, Main Base Open: 1/20/04 Close: 12/17/04 Open Continuous Position
Education Aid/Technician (GS-1702-02/03/04) MWR, Hario Open: 1/20/04 Close: 12/17/04 Open Continuous Position
Production Controller (GS-1152-09), SRF, Open until filled.
Child Development Center Director (GS-1701-09), Open until filled.
Equipment Specialist (GS-1670-09), SRF, Close: Open until filled.
Recreation Aid (GS-189-02), MWR, Main Base, Close: Open until filled.
Recreation Aid (GS-0189-02), MWR, Main Base, Close: Open until filled.
Transition Management Program Specialist (GS-101-07/09), FFSC, Close: Open until filled.
Child Development Center Clerk (GS-0303-0303), MWR, Hario, Open: 07/30/04 Close: 08/12/04
Clerk Typist (GS-0322-03), MWR, Close : Open until filled.
Meatcutting Worker (WG-7407-05), DeCA, Close: Open until filled.

WANT YOUR AD IN THE SOUNDINGS?

Deadline for submission is Tuesday close of business.

For more information contact: Sasebo Soundings at 252-3409 or visit us on the Web at:

<soundings@cfas.navy.mil>

MWR Athletics
252-3588

SASEBO SPORTS

Hario Gym
252-8960

Sasebo Eagles Little League play ball

Naomi Sullivan
CFAS Public Affairs

The Sasebo Eagles, an American baseball team with the Japanese Little League, hosted a one day friendship tournament in Nimitz Park September 12. The event was sponsored by the Navy League, with participation from various other organizations from around the base.

Eleven games were played between two age groups. The Sasebo Eagles combined their minor (six – nine year olds) team with Sasebo Chuo and Nagasaki Higashi Little Leagues. The team went 0-2 in the tournament. The major bracket (ten – 12 year olds) also went 0-2.

Dean Dittberner, Little League manager said, “The second game by the Eagles major bracket was against Nagayo Little League

and the final score was 5-1. The game was tied at one a piece until the fifth inning when Nagayo put two more runs across and then again in the sixth. Nagayo ended up the eventual winner of the major tournament by defeating Nagasaki Chuo in the championship game, and Nagasaki Minami was the winner of the minor tournament.”

Navy League provided champion and participation trophies for all the kids who participated in the tournament as well as arranging distinguished guests and providing additional funds. The Eagles sponsors that helped offset costs are the Sasebo Wardroom Association, Sasebo Officials Association, the Officer’s Spouse Club and Religious Ministries.

“The Sasebo Eagles greatly appreciate their contributions and realize that none of this would have been possible had it not been for our sponsors.

“The purpose of the tournament was friendship, each team has to host one tournament a year and this was our tournament. It was a very special day with great food, great games, scoreboards and great fields to play on,” said Dittberner.

The Chief Petty Officer’s Association donated funding and their selectees to help with setup and running of the tournament.

The Sports Officials Association (SOA) volunteered five umpires, Ralph Roe, Mike



A Sasebo Chuo batter and Sasebo Eagles Catcher participate in the one day friendship tournament at Nimitz Park September 12. (Photo released by CFAS Public Affairs.)



Sasebo Eagle waits for the ball as a Sasebo Chuo player slides safely into home. (Photo released by CFAS Public Affairs.)

Duncan, Mike Wassman, Terry Rennick and Gary Judd as well as three scorekeepers, Earl Epperson, Ralph Roe III and Joshua Roe to assist the Japanese officials on the field. Gordon Dziewit gave umpiring support as a volunteer for the Sasebo Eagles. Along with volunteering the SOA also donated \$425 to help out with the cost of the tournament.

“All the SOA umpires had a great time and enjoyed the camaraderie of the Japanese officials,” said Gary Judd, SOA softball commissioner.

“It was truly a friendship tournament, this was really a great event and the folks at Harbor View and MWR did a superb job,” said Ralph Roe, SOA president.

Little League is run by an all volunteer force, mostly parents of children playing in Little League come together to conduct the

announcing, umpiring, scorekeeping, tea serving to umpires during games, and coaching.

According to Dittberner, Little League is for any child interested in playing baseball, sharing culture and having a good time. The Eagles would like to offer a free trial period for one month to anyone that may be interested but is not sure if this is for them or their child. We love to offer this because we know that after the first month the kids and parents just don’t want to give it up. Children can not turn 13 prior to August 1 2005 to be eligible. Interested families can call Debbi Wagner at 252-8490 and anyone wishing to become a volunteer coach, umpire or manager can call Dean Dittberner at 252-8240.

Upcoming Sports events:

Inner tube Water Polo Captain’s Cup:
7:30 p.m. September 24 at Main Base Pool. Team entries due by Wednesday September 22.

Pre-Hirado 10K
9 a.m. September 25 at USO in Nimitz Park. This race is the final pre-race event for the Hirado Half-Marathon in October. Pre-register by September 22, or sign up at the race start.

Sand Volleyball 3’s
1 p.m. September 26 at Nimitz Park
Entries Due to the Fleet Gym by Thursday, September 23. Awards will go to the top two teams, plus Best Offensive Player and Best Defensive Player.

New Pool hours
Main Base Pool August 30 - September 26
Monday - Friday 6- 8 a.m., 11 a.m. - 12:30 p.m. (Lap Swim) Monday - Friday 4 p.m. - 7 p.m. (Open Swim)
Sat, Sun & Holidays 11 a.m. - 7 p.m. (Open Swim)
27 September closed for the season

Juneau holds steel beach picnic

PC1(SW/AW) Nathaniel E. Pleasantbey
Released by USS Juneau (LPD 10) Public Affairs

Crewmen took advantage of the calm seas near the Gulf of Aden, for a quick game of three on three basketball, during a “Steel Beach Picnic” held aboard USS Juneau (LPD-10) on Sunday September, 5. The picnic also covered an array of other morale and team-building events, such as a beard growing contest, and a star-light movie night, held on the ship’s flight deck. All events were sponsored by the Juneau’s First Class Petty Officer’s Association, and was viewed as a welcomed change of pace, from the otherwise taxing schedule of the sailors and marines aboard the “Mighty-J”.

“This was just what the crew needed to help bring them back together again, as a unit, after almost two months at our homeport in Sasebo,” said Disbursing Clerk First Class (SW) Jerry Pedrozo Juneau’s deputy disbursing officer.

“The Blue and Green Team work hard and play hard,” said Lance Corporal Jan Ritchie of Charlie Battery Unit 44120. “Keep’n it together as a Team is what it’s all about, really”, added Ritchie.

“Events such as these are extremely important to the morale of the entire crew, down to a man. During lengthy deployments, such as this one, many of the Sailors and



Crewmembers take advantage of the calm seas for a quick game of three on three basketball. (Photo released by USS Juneau.)

Marines have families back home, who are never far from their thoughts. It is vital, that the crew be allowed to take a break from the regimented routines of a life at sea. It’s also a good deal of fun, as well.”, said Command Master Chief Paul Kingsbury.

USS Juneau is currently forwarded deployed, on a six-month cruise to the Persian Gulf, in support of Operation Enduring Freedom